

# Sewing The Roses INC.

**Art** has the potential to change lives and in profound ways. When words are not enough, we turn to images and symbols to tell our stories. And in telling our stories through art, we can find a path to health and wellness, emotional reparation, recovery, and ultimately, transformation.

From the [International Art Therapy Organization \(IATO\)](http://International_Art_Therapy_Organization)

## Our artistic community:

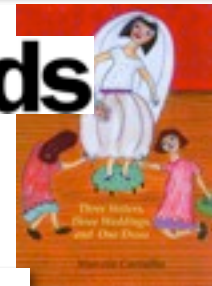
NMIC.org, Sanctuary For Families.org, Chalk.org, VIP Mujeres.org, A.I.R.org, Fiorello H.LaGuardia High School, YMCA of Greater New York, Grosvenor Neighborhood House YMCA, The Richard Rogers School of Arts and Technology, SushiSamba, Whole Foods Union Square, Chashama.org-Jamaica studios.



The Hippo: New Hampshire's Weekly: Summer 2011 Self-Expression AIR.org gives girls confidence through ART



Fall 2004 - Suggested Donations \$5  
Editorials in: Arabic, Bangla, English, Mandarin, Portuguese, Spanish  
Family Culture: Unintended Assimilation  
Family: It's meaningful to contemporary youth and their parents  
Through Rise - Colored Classics: A glimpse of the rich tapestry of LGBT lives as depicted in Cinema



The New York Times

June 24, 2012 Evening Hours

Marcela Carvalho

Bill Cunningham

June's

Stars



EMPOWERING

INSPIRING

HEALING

THROUGH ART

WITH THE FOCUS

ON "SELF"

"Here in this art class you can be YOU. It will be about You."  
\_Jocelyn A. 8 y.VIP Mujeres.org.

"Today during art class I have leaned to be patient and to find my inner-peace."  
\_Roxanne S.



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w: [www.SewingTheRoses.org](http://www.SewingTheRoses.org)

Telling your stories through art...



Marcela Carvalho is a Brazilian born artist and entrepreneur, founder and the executive art director of Sewing The Roses. She has worked with women and youth for many years teaching her skills in the arts to empower and inspire. She dedicated herself to an entire year to create this body of work representing women from diverse backgrounds and cultures that have been under the control by their partners and loved ones. So often this "control" is enacted in the name of love, which leaves us feeling confused, betrayed, and alone. Telling stories through art empowers the "SELF". It is an essential part in restoring confidence, self determination and creativity. It helps develop a positive attitude towards ourselves and the world in which we live.

**Sewing The Roses INC.** is a tribute to All who have survived domestic violence and have chose freedom from oppression.

"A partner does not need to have a bruise on their face to be a victim of domestic violence." *\_MarcelaCarvalho*



"Watching the pottery demonstration today I did not just learn technique to center quickly, to slow down when measuring and pulling my walls, but most importantly at the end, when the bowl seemed done, Marcela pulled at the lip saying "This way it is not boring". I saw the value in making a piece that is not pristine and perfect because that imperfection makes room for a unique, living even breathing creation."

*\_Carolina W., LaGuardia H.S.*



"Thanks for teaching me to brush sewing, loosen up, and have fun." *\_Kelsey B., 16 y., AIR.org*

"Feels good to know it's okay to be Me." *Hannah S., 15y.*



"I'm very happy to be here and do what I always wanted. Thanks to the program I am having the opportunity to learn with Marcela. I painted on this bottle flowers representing the women in different sizes, colors, forms and shapes; the yellow for the sun that brings warmth to our lives and for the green on the bottom representing the trees, the forests around us helping us to move ahead." *\_Maria F., NMIC.org.*

## What you will learn:

### Music

PROVIDING SPECIALIZED TRAINING ON BASICS TO THE FUNDAMENTALS OF COMPOSING MUSIC/SONG: RHYTHM, MELODY & HARMONY USING BASIC CLASSIC AND JAZZ CONTEMPORARY THEORY. ENCOURAGING PERFORMANCE.

### Painting

Providing a comprehensive overview

of painting as a form of self-expression. Instructions on analytical thinking, visual perception, discovering intuitive sensibilities and controlled experimentation. Exploring technical, conceptual & contemporary skills to the language of painting.

### CERAMICS

EFFECTIVE HAND BUILDING AND POTTER'S WHEEL THROWING TECHNIC, GLAZES AND FIRING. THE ART OF ALTERING FORMS, EXPLORING METHODS OF MANIPULATING WET AND LEATHER HARD CLAY THROUGH SURFACE DESIGN AND SHAPE, GAINING SOLID SKILLS.

### Creative Writing

PROVIDING SPECIALIZED TRAINING AND CURRENT INFORMATION TO STUDENTS GIVING THE ABILITY OF DEFINING FUNDAMENTAL COMPONENTS, STRATEGIES & CONTENTS OF AN EFFECTIVE WRITING PROCESS.

Classes in English, Spanish, Portuguese, French and Italian; Tailored to accommodate the needs of your group.

Courses are 8 weeks duration, 3 hours per week session.

These workshops are expected to help restore confidence, strengthen the capacity of self-determination and awaken a sense of creativity.